Dissipation of BII Symptoms

Fatigue or chronic fatigue Cognitive dysfunction (brain fog, difficulty concentrating, word retrieval, memory loss) Muscle aches, pain and weakness Joint pain and soreness Hair loss				
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retrieval, memory loss) Muscle aches, pain and weakness Joint pain and soreness				
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Joint pain and soreness				
Hair loss				
Dry skin, eyes, mouth, hair				
Weight gain or weight loss				
Easy bruising and slow healing of				
wounds				
Temperature intolerance				
Low libido				
Ringing in the ears				
Heart palpitations				
Shortness of breath				
Metallic taste in the mouth				
Oral thrush (white tongue)				
Night sweats				
Skin rashes				
Insomnia				
Estrogen/progesterone				
imbalance, diminishing				
hormones, or early menopause				
Swollen and tender lymph nodes				
in the breast area, underarms,				
throat, neck, or groin				
Tingling or numbness in the arms				
and legs				
Burning pain around the chest				
wall or breasts				
Cold and discolored hands and				
feet				
Foul body odor				
Muscle twitching				
Vertigo				
Fevers				
Dehydration				
Frequent urination				
Chronic neck and back pain				
Photosensitivity				
Edema (swelling) around eyes				

Symptom	1 Day	1 Week	2 Week	4 Weeks	6 Weeks	2 Months	3 Months
Nail changes (cracking, splitting,							
slow growth,etc.)							
Skin freckling, pigmentation							
changes (darkening or white							
spots), or an increase in papules							
(flesh colored raised bumps)							
Decline in vision or vision							
disturbances							
Slow muscle recovery after							
activity							
Liver and kidney dysfunction							
Gastrointestinal and digestive							
issues							
Sudden food intolerances and							
allergies							
Smell or chemical sensitivities							
New or persistent infections –							
viral, bacterial, and/or fungal							
(candida)							
Reoccurring sinus, yeast, and UTI							
infections							
Throat clearing, cough, difficult							
swallowing, choking feeling							
Headaches, dizziness, and							
migraines							
Chronic inflammation							
Feeling like you are dying							
Anxiety, panic attacks							
Suicidal thoughts							
Depression							
Hypo/hyper thyroid symptoms							
Symptoms or diagnosis of							
fibromyalgia							
Symptoms or diagnosis of lyme							
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